

# Nova Scotia Disc Sport Society (DiscNS) 2022-2023 Plan

DiscNS acknowledges that we are in Mi'kma'ki, the ancestral and unceded territory of the Mi'kmaq people. This territory is covered by the treaties of Peace and Friendship, which Mi'kmaq and Maliseet people first signed in 1725. The treaties did not deal with surrender of lands and resources but in fact recognized Mi'kmaq and Maliseet title and established the rules for what was to be an ongoing relationship between nations.

DiscNS also gratefully acknowledges the support of the Department of Communities, Culture and Heritage in Nova Scotia in supporting the Society through the year.

## Overarching priority

Revitalize engagement in disc sports.

## Governance

### Ongoing operation

- Regular participation with Ultimate Canada
- Look for opportunities to support diversity among athletes in the province.

### New operations

- Insurance rates for general liability rose this year to where regular memberships no longer cover the cost of the insurance. Consequently, we plan to raise the membership rate from \$10 to \$12 per member in ultimate. The costs break down as:
  - o \$6 towards general liability insurance for members
  - o \$3 towards Ultimate Canada fees per member
  - o \$1 towards the web site
  - o \$2 towards basic operation in addition to the provincial grant.
- Set up a procedure for more periodic policy review by the Board
- Look to revitalize the committee structure in DiscNS. The youth committee had success last year in gaining some momentum with the help of individuals outside the Board. We need to establish a comparable energy with other DiscNS committees.
- Complete the discussion on the policy for grants for individual players and/or teams.
- Look into grant opportunities to have someone to engage with junior and senior high schools before the spring.

## Competition

- Continue in partnership for offering NS4UC rather than develop our own tournament for selecting the provincial team to C4UC.

- Continue to investigate the opportunities and conditions of promoting a small number of individual athletes as provincial high-performance athletes. While there isn't much draw from the touring teams on the topic, it is an avenue of interest to Sport Nova Scotia that we have a path available to individuals, should they choose to engage in it. In this step, we would still look to best practices from other provincial sport organizations in the province.
- Maintain the dialog with the touring teams for individual development and needs and any supports for the teams as a whole.

## Youth

The youth committee will continue its plans for youth development. There will be three clinics in May, aimed at junior and senior high school students, and there will be the return of the provincial high school tournament in June.

We continue to look into the prospect of some youth ultimate options in the summer. We did not hire dedicated summer youth programming staff, so the opportunities remain on an as-possible basis.

In the past, we have engaged with schools in the spring, particularly when we could get someone to start working in May for student engagement. In the upcoming year, we must seek a way to get earlier and/or more continual engagement with the school-aged athletes for a larger footprint of the sport with youth.

## Coaching

- Offer one community coaching course targeted to coaches at Jr and High schools in the fall of 2022
- Offer one Competition Introduction coaching course in person summer of 2022
- Offer one online Competition Development coaching course (target June 25) and one in person course in the fall of 2022.
- Continue reviewing development of coaches in NS
- Continue mentoring for coaches interested

## Observers

We are hopeful that 2022 will offer us more opportunity to support players with observed games. There has been discussion with HU, and regional tournament organizers to include more Observer supported games within the province.

We would like to diversify our observer pool this summer and are looking for individuals interested in joining the Observer Team!

## Disc Golf

The country remains focused on the creation of the National Sport Organization. Within the province, we continue to prepare to create a Provincial Sport Organization for disc golf once the opportunity presents itself.